


**CEDAR FALLS SCHOOLS**  
**River Breakfast**  
**HHFKA 9-12 (age 14-18)**

Cedar Falls Community Schools

Cedar Falls Community Schools

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
				<p align="right">Nov 1</p> <p>Cereal 1oz w/string Cheese            Mini Blueberry Bash Waffles            Assorted Can Fruit            Assorted Juice            Assorted Milk            Syrup Cup</p>
<p align="right">Nov 4</p> <p>Cereal 1oz w/yogurt            Eggo Mini Maple Pancakes            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 5</p> <p>Cereal 1oz w/string Cheese            Egg Scramble Bacon &amp; Cheese            WG Banana Muffin            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 6</p> <p>Cereal 1oz w/yogurt            French Toast Mini Choc. Chip            Assorted Can Fruit            Assorted Juice            Assorted Milk            Syrup Cup</p>	<p align="right">Nov 7</p> <p>Cereal 1oz w/string Cheese            Cinnamon Roll -WG            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 8</p> <p>Cereal 1oz w/yogurt            Mini Maple Madness Waffles            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>
<p align="right">Nov 11</p> <p>Cereal 1oz w/string Cheese            French Toast &amp; Sausage Tornadoes            Assorted Can Fruit            Assorted Juice            Assorted Milk            Syrup Cup</p>	<p align="right">Nov 12</p> <p>Cereal 1oz w/yogurt            Filled Cinnamon Toast Crunch Bar            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 13</p> <p>Cereal 1oz w/string Cheese            Confetti Pancake            Assorted Can Fruit            Assorted Juice            Assorted Milk            Syrup Cup</p>	<p align="right">Nov 14</p> <p>Cereal 1oz w/yogurt            Egg Scramble Bacon &amp; Cheese            WG Banana Muffin            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 15</p> <p>Cereal 1oz w/string Cheese            Mini Blueberry Bash Waffles            Assorted Can Fruit            Assorted Juice            Assorted Milk            Syrup Cup</p>
<p align="right">Nov 18</p> <p>Cereal 1oz w/yogurt            Eggo Mini Maple Pancakes            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 19</p> <p>Cereal 1oz w/string Cheese            Egg Scramble Bacon &amp; Cheese            WG Banana Muffin            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 20</p> <p>Cereal 1oz w/yogurt            French Toast Mini Choc. Chip            Assorted Can Fruit            Assorted Juice            Assorted Milk            Syrup Cup</p>	<p align="right">Nov 21</p> <p>Cereal 1oz w/string Cheese            Cinnamon Roll -WG            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p align="right">Nov 22</p> <p>Cereal 1oz w/yogurt            Mini Maple Madness Waffles            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">Nov 25</p> <p>Cereal 1oz w/string Cheese            French Toast &amp; Sausage Tornado            Assorted Can Fruit            Assorted Juice            Assorted Milk            Syrup Cup</p>	<p style="text-align: right;">Nov 26</p> <p>Cereal 1oz w/yogurt            Filled Cinnamon Toast Crunch Bar            Assorted Can Fruit            Assorted Juice            Assorted Milk</p>	<p style="text-align: right;">Nov 27</p> <p>NO SCHOOL</p>	<p style="text-align: right;">Nov 28</p> <p>NO SCHOOL</p>	<p style="text-align: right;">Nov 29</p>  <p style="text-align: center;">HAPPY Thanksgiving</p>