

CEDAR FALLS SCHOOLS
Riverhills Lunch
HHFKA 9-12 (age 14-18)

Cedar Falls Community Schools

Cedar Falls Community Schools

Monday	Tuesday	Wednesday	Thursday	Friday
Dec 2	Dec 3	Dec 4	Dec 5	Dec 6
Chicken Nuggets Garlic Breadstick Monster Mashed Potatoes W/Gravy Chicken Gravy Action Applesauce Cup Assorted Milk Assorted Juice Ketchup Ranch Cup	French Toast Sticks Sausage Patty Hashbrown Patty Crispy Apple Slices Assorted Milk Assorted Juice Syrup Cup Ranch Cup	Pizza Hut Cheese Pizza Green Beans Pot of Gold Pineapple Assorted Milk Assorted Juice Ranch Cup	WG Breaded Chicken Sandwich Baked Beans Wild Blueberries w/whip topping Assorted Milk Assorted Juice Ranch Cup Ketchup Ranch Cup	Cheese Stick Dipper Steamed Golden Corn Assorted Can Fruit Assorted Juice Assorted Milk Marinara Sauce Ranch Cup
Dec 9	Dec 10	Dec 11	Dec 12	Dec 13
Mac and Cheese Bites WG Banana Muffin Malibu Classic Vegetable Sunshine Peaches Assorted Milk Ketchup Ranch Cup	Chicken Crisпитos w/ cheese sauce Cheese Sauce Refried Beans Topped with Cheese Crispy Apple Slices Assorted Milk Taco Sauce Packet Sour Cream Ranch Cup	Pizza Hut Cheese Pizza Romaine Lettuce Action Applesauce Cup Assorted Milk Ranch Cup	Rotini w/ Beef Sauce Garlic Breadstick Romaine Lettuce Fruity Slushie Assorted Milk Ranch Cup	Hot Dog on a Bun Baked Beans Cookie Assorted Fresh Veggies Assorted Can Fruit Assorted Fresh Fruit Assorted Milk Ranch Cup
Dec 16	Dec 17	Dec 18	Dec 19	Dec 20
Chicken Tenders Garlic Breadstick Baked Beans Action Applesauce Cup Assorted Milk Assorted Juice Ketchup Ranch Cup	Mini Turkey Corn Dogs Steamed Golden Corn Sunshine Peaches Assorted Milk Assorted Juice Marinara Sauce Ranch Cup	Pizza Hut Cheese Pizza Green Beans Mandarin Oranges Assorted Milk Assorted Juice Ranch Cup	WG Breaded Chicken Sandwich Steamed Mixed Vegetables Crispy Apple Slices Assorted Milk Ketchup Assorted Juice Mustard Ranch Cup	Pizza Crunchers Malibu Classic Vegetable Assorted Can Fruit Assorted Milk Assorted Juice Ranch Cup